

Thursday evening meditation

Activités régulières [1]

13 September 2012 - 19:00 to 20:30

Activities include: sitting and movements meditation, song or video, reading and sharings.

Note: Thursdays evenings are held in English, other days in French.

Once a month the evening is special: See e-Talks 2020-2021 [2].

Registration Form : Thursdays evenings [3]

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Links

[1] <http://www.mpcmontreal.org/?q=en/taxonomy/term/25>

[2] <http://www.mpcmontreal.org/?q=en/node/1541>

[3] <http://www.mpcmontreal.org/?q=fr/node/1540>