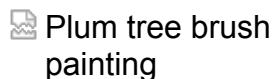


# Finding Peace: In Ourselves, Our Relationships, Our World

A Day of Mindfulness with Br. Chan Huy  
Sponsored by Plum Blossom Sangha  
Saturday, November 15, 2003  
St. Andrews Presbyterian Church  
14311 Wells Port Drive  
Austin, Texas  
8:00a.m. to 5:00p.m.



Join us for an opportunity to slow down, relax, and touch our deepest source of inspiration and insight.

Br. Chan Huy, mindfulness teacher and student of Zen Master Thich Nhat Hanh, will help us deepen our understanding of mindful living through dharma talks and discussion. Through sitting and walking meditation, singing and chanting, and mindfully sharing a meal together in silence, we invite you to practice opening yourself to the abiding peace, calm and joy in each breath, and to respond to yourself, your loved ones, and your society with understanding and compassion.

Plum Blossom Sangha in Austin, Texas. is a Buddhist community that supports practicing, studying, and living the Mahayana Buddhist teachings of the venerable Zen master, Thich Nhat Hanh.

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## Details

Cost: \$45, includes lunch

Please submit your registration by November 5.

Limited scholarships are available. Scholarship request deadline: Nov. 1  
If you are able, please consider donating to the scholarship fund.

To register, please download the [PDF registration form](#), print, and mail to the address provided.

A confirmation of registration receipt will be mailed to you.

Questions? Please call: (512) 458-2952

Additional details about the retreat will be here soon.

"What is most important is to find peace and to share it with others."  
- Thich Nhat Hanh